

ADVANCE DIRECTIVES

North Valley Health Center has informational resource packets available to the community regarding Advance Directives. An Advance Directive is a legal document that allows you to write your decisions/wishes about end-of-life care ahead of time in the event you are not able to communicate those decisions due to a medical condition. It gives you a way to tell your wishes to family, friends and medical providers. There are two main types of Advance Directives-the “Living Will” and the “Durable Power of Attorney for Health Care”. The packets contain information on both of these and information to consider when completing a directive. A sample form is included for you to use. If you have any questions, you can contact Sara Kazmierczak CNO or Kim Rindy RN at 218-745-4211.