

## **North Valley Public Health**

115 S. Main Street, Suite 1  
Warren, Minnesota 56762  
218-745-5154 or  
1-800-950-6986

To: NVPH Staff, Marshall Co. Social Workers, City Offices/Community Centers  
Date: February 13, 2019  
From: Frances Tougas, North Valley Public Health Director  
Subject: March 2019 Foot Care Schedule

### **FOOTCARE CLINICS SCHEDULED:**

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:

**Newfolden Community Center:** Tuesday, March 5, 2019 at 9:00 a.m.  
Contact: Darcy Hestekind at 218-874-2256

**Warren Community Center:** Thursday, March 7, 2019 at 9:00 a.m.  
Contact: North Valley Public Health at 218-745-5154

**Argyle LAH/BNP:** Tuesday, March 12, 2019 at 9:00 a.m.  
Contact: Penny Korynta 218-437-8431

**Middle River Royal Manor Apts.:** Monday, March 18, 2019 at 9:30 a.m.  
Contact: Cindy Kilen at 218-222-4466

**Oslo Community Center:** Monday, March 25, 2019 at 9:30 a.m.  
Contact: North Valley Public Health at 218-745-5154

**Grygla Community Center:** Thursday, March 28, 2019 at 9:00 a.m.  
Contact: North Valley Public Health at 218-745-5154

- Please call the person listed above to sign up. We require sign-up sheets so that we can staff accordingly. If you are not able to keep your appointment, please call to cancel.
- Please arrive 15 minutes prior to your scheduled appointment time.
- The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.
- The North Valley Public Health staff will do free blood pressure checks upon request.